

Group Evaluation Form

What did you learn from this group?

What was the most helpful part about this group?

What would you tell a friend about this kind of group?

Are there any things you would change in order to improve the group?

I learned a lot in this group about coping with stressful events.
(Circle one)

1. Strongly
Disagree

2. Disagree

3. Neutral

4. Agree

5. Strongly
Agree